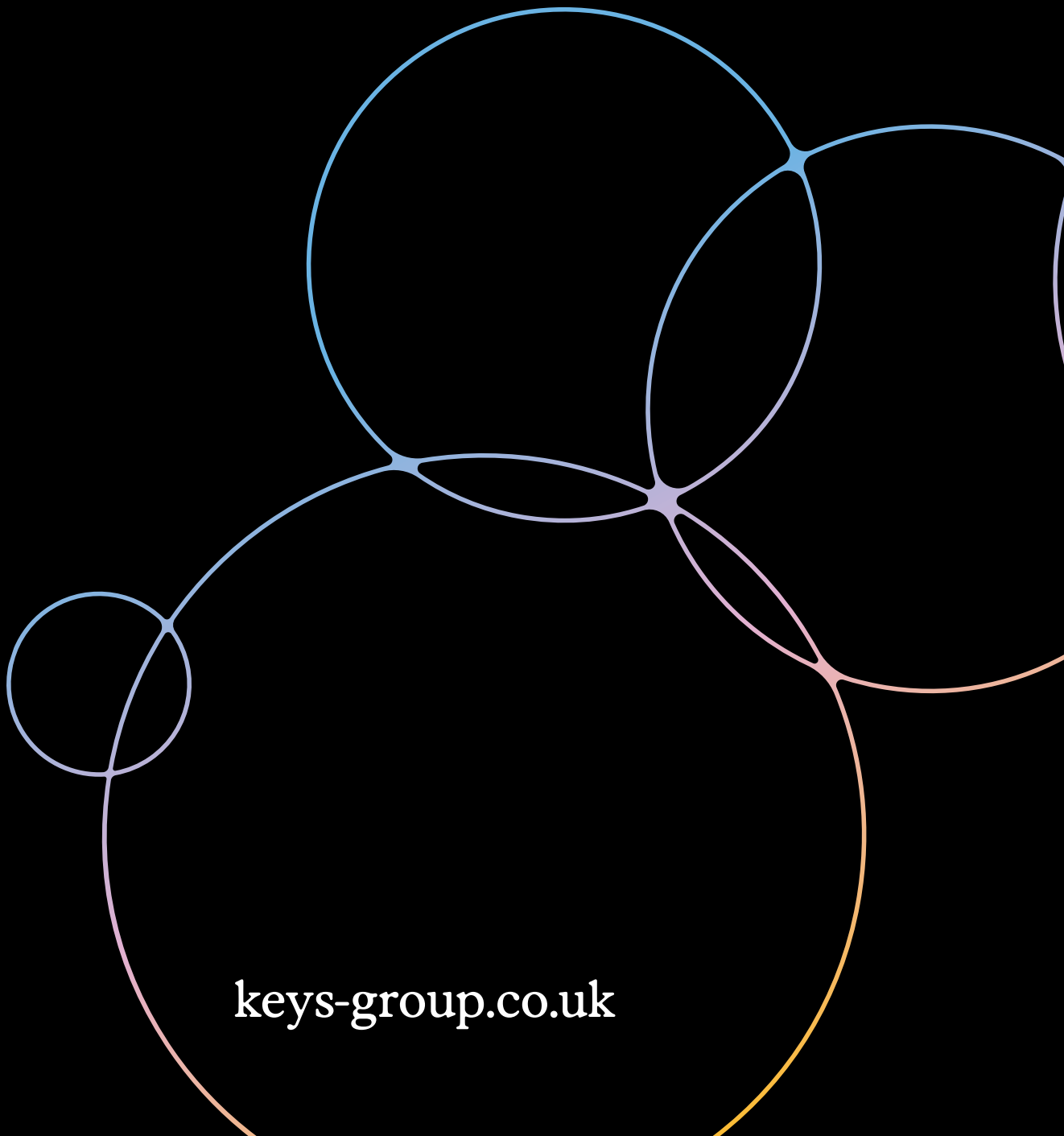


Keys

Mental Health Services



keys-group.co.uk

Mental Health Services and *Connected Support*

We are a specialist therapeutic, residential and supported living provider for people with Mental Health needs. Our focus is to enable people to work towards their goals, live more independently and take control of their lives. By listening to each person we aim to understand what they would like to achieve in life. We then work closely with them, their family, circle of support and other professionals to define goals and work together to achieve them.

Our focus is on recovery. We support people whose Mental Health is impacted by a personality disorder, an anxiety disorder, schizophrenia, depression, mood affective disorder, self-harm behaviour and substance misuse backgrounds.

Keys **Connected Support** provides a national network of **Care, Education** and **Health** services for children, young people and adults, seamlessly connecting specialist schools, alternative learning solutions, children’s homes, adult residential, supported living and neurodevelopment services.

We start with the individual, connecting the right expertise and the right service to each person. There are no predetermined pathways. Sometimes this means support from one service, sometimes it means many services working together.

What matters is that our support is centred on the individual, building personalised, flexible and **Connected Support**.

Our Support

We offer comprehensive, specialist pathways for individuals requiring tailored care, skill development, and legal or clinical frameworks. Our services are designed for people with complex clinical histories who need structured, positive risk-management to live safely and successfully in the community.

Specialist Support Pathways:

- + Complex Transitions & Step-Down Care
- + Crisis & High-Risk Management
- + Legal & Mental Health Act Frameworks

Daily Living & Independence Skills:

- + Re-enablement & Practical Skills
- + Health, Wellbeing & Community Outreach
- + Respite Support

Our experienced and well trained staff are supported by our Psychologists, Clinical Support Nurses and Behavioural Advisors who have a wealth of knowledge and experience of working with people with Mental Health needs.

Support Plans

Mental Health Support and Relapse Management

The Mental Health Support and Relapse Management Plan (MHSRP) is created on an individual basis to identify periods when they may require additional support, or when they may experience a relapse. It is a comprehensive document that brings together identified triggers, strengths and needs alongside a detailed picture of what relapse may look like for an individual so that the right support can be given at the right time.

Risk Assessment and Management

The Risk Assessment and Management Plan (RAMP) allows for a full assessment of any identified risk areas which may impact on someone’s wellbeing. The RAMP allows information relevant to risk to be quickly and easily shared amongst relevant parties. These are also both ‘live’ documents that evolve with the person, encouraging people to be fully involved with their own care planning and promote knowledge and understanding of their own individual needs.

Recovery Pathway and Recovery Star

We follow the collaborative Recovery Model, supporting individuals on their unique journeys toward independence, regardless of complexity. By utilising our specialist clinical team and evidence-based frameworks, we deliver successful, outcome-focused support.

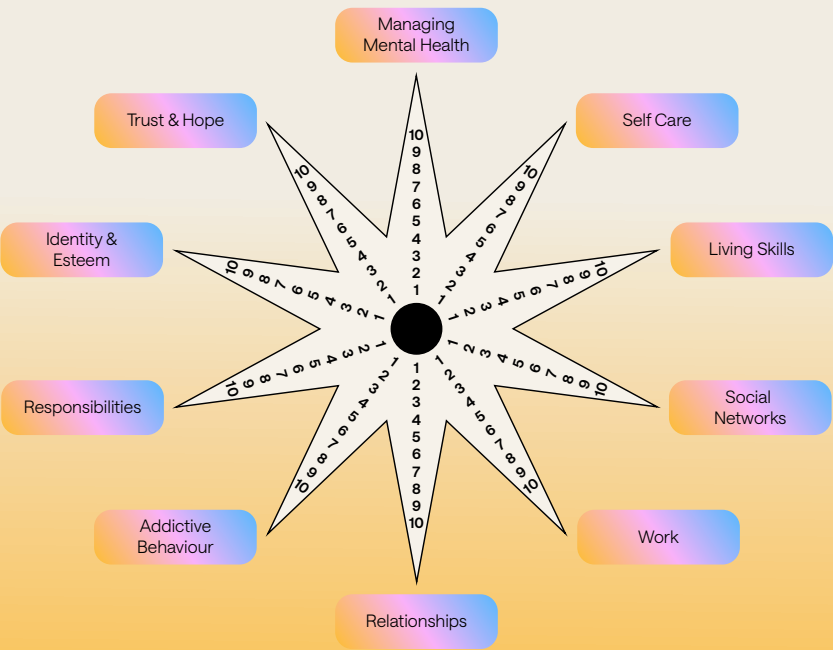
Our Approach

- + Clinical Expertise: In-house Psychologists, qualified Nurses, and Behavioural Advisors.
- + Risk Management: Utilising WARRN principles and the HCR-20 forensic risk assessment tool.
- + Targeted Support: Focus on Mental Health relapse prevention and solution-based counselling.

The Recovery Star

The Recovery Star is a holistic tool used to measure, summarise, and visually track changes in an individual’s mental health and behaviour.

- + How it Works: It assesses 10 core areas of life, tracking progress along a developmental ladder.
- + Empowerment: Promotes collaboration, choice, motivation, and social inclusion.
- + Evidence: Provides clear proof of progress, building personal confidence and practical skills.



To find out more visit: www.keys-group.co.uk



Keys Care

Children's residential homes and adult residential and supported living services for people with Mental Health needs, Learning Disabilities, Autism, and Acquired Brain Injuries.



Keys Education

A national network of schools and alternative learning provision, including Keys Inclusion Pathways that take education beyond the classroom, designed for young people who cannot access traditional or specialist schools.



Keys Health

Expert clinical, therapeutic and speech and language services to help children, young people and adults with neurodevelopmental needs, including ADHD and autism.

To find out more or to send a referral:



Website: www.keys-group.co.uk



Email: adult.referrals@keys-group.co.uk



Telephone: **0121 728 7800**

