

# Brookside Avenue **Keys**

Specialising in **autism** and **mental health** support



3 bedrooms



Male only - 18 to 65 years old

East Leake, Loughborough, LE12 6PA

**Brookside Avenue is a small, welcoming service in East Leake, Loughborough, supporting up to three adults with mental health needs and autism. Set within a homely, detached property close to local amenities and transport links, the service offers a calm and supportive environment where people can focus on building confidence and developing everyday independence.**

With strong community connections and easy access to nearby towns, individuals are supported to enjoy a full and active lifestyle.

At Brookside Avenue, support is highly personalised, with a focus on 1:1 active support tailored to each individual's needs and goals.

The team works alongside people to develop coping strategies, build daily living skills and promote wellbeing, while ensuring choice and control remain at the centre of everything. With up to 14 hours of 1:1 support available and 24-hour staffing, individuals are empowered to take meaningful steps towards greater independence at their own pace.

The home offers a comfortable and relaxed environment, featuring communal living spaces, a spacious kitchen for developing independent cooking skills, and a peaceful garden for relaxation and social activities. This supportive setting enables individuals to feel at home while building the confidence to access their community, explore new opportunities and move towards more independent living pathways.



## Connected Support

**Keys** provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.



To find out more or to send a referral:



Website: [www.keys-group.co.uk](http://www.keys-group.co.uk)



Email: [adult.referrals@keys-group.co.uk](mailto:adult.referrals@keys-group.co.uk)



Telephone: **0121 728 7800**