

Park Avenue

Specialising in **mental health needs**

Keys



 5 Ensuite Bedrooms

 Male only - 18-75 years old

46 Park Avenue, Skewen, Neath, SA10 6SA

Park Avenue is a specialist mental health service in Skewen, Neath, supporting up to five adult males in a safe, supportive and recovery-focused environment. Located close to local amenities and excellent transport links, the service provides a stable foundation where individuals can focus on recovery, personal development and achieving greater independence.

Support at Park Avenue is built around trust, understanding and a belief in every individual's potential. Using a person-centred, recovery-focused approach and tools such as the Recovery Star, the team works collaboratively with each person to identify aspirations, overcome barriers and achieve meaningful outcomes.

Through tailored support plans, relapse prevention strategies and encouragement to access education, volunteering and employment opportunities, individuals are empowered to build confidence and move forward in their recovery journey.

The service offers comfortable en-suite accommodation within a welcoming home environment, complemented by shared living spaces and gardens.

With 24-hour support and a strong emphasis on independence, Park Avenue provides a nurturing setting where individuals can develop essential life skills and work towards living more independently within their local community.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.

To find out more or to send a referral:

Website: www.keys-group.co.uk

Email: adult.referrals@keys-group.co.uk

Telephone: **0121 728 7800**

