

Merstone House

Specialising in **mental health** support

Keys



 7 Bedrooms

 Mixed Gender - 18–65 years old

Coleshill Road, Marston Green, Birmingham, B37 7HP

Merstone House is a specialist residential service, supporting adults with mental health needs. Set within a well-connected community, the service provides a safe and supportive environment where individuals are encouraged to focus on their recovery and build the skills needed for greater independence.

Support at Merstone House is centred around each individual, recognising that every journey is unique.

The team works alongside individuals to set meaningful goals and measure progress using the Recovery Star Model, supporting development across areas such as mental health management, self-esteem, independent living skills and social networks.

A strong emphasis is placed on empowerment, enabling individuals to take greater control of their lives while receiving consistent, high-quality support.

The service offers a comfortable, homely environment with access to en-suite accommodation, shared living spaces and local community amenities.

Supported by a skilled team and clinical expertise, individuals are encouraged to engage in everyday activities, build confidence and progress towards more independent living, while remaining connected to their local community.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.

To find out more or to send a referral:

📄 Website: www.keys-group.co.uk

✉ Email: adult.referrals@keys-group.co.uk

☎ Telephone: **0121 728 7800**

