

Taith Cartref

Specialising in **learning disabilities, autism, mental health** needs

Keys



4 Self Contained Flats, 2 Studio Apartments and 7 Ensuite Bedrooms



Mixed Gender - 18–65 years old

Gellionen Road, Clydach, Swansea, SA6 5HQ

Taith Cartref is a specialist mental health service supporting up to thirteen adults with complex Mental Health needs, Learning Disabilities and Autism. Situated in a peaceful setting with access to local amenities and community resources, the service provides a safe and supportive environment where individuals can focus on recovery, personal growth and achieving their long-term aspirations.

Support at Taith Cartref is built around a recovery-focused, person-led model that recognises every individual's journey is unique. Using approaches such as the Recovery Model and Recovery Star, the team works closely with each person to identify goals, build resilience and develop the skills needed to move forward in their recovery.

Individuals are encouraged to take an active role in shaping their support, helping them gain confidence, independence and greater control over their lives.

The service offers a range of accommodation options, including en-suite bedrooms, self-contained flats and studio apartments that provide a clear pathway towards more independent living.

Shared living spaces, accessible facilities, outdoor areas and 24-hour support create an environment where people can safely develop life skills, pursue their goals and take positive steps towards greater independence.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.

To find out more or to send a referral:

Website: www.keys-group.co.uk

Email: adult.referrals@keys-group.co.uk

Telephone: **0121 728 7800**

