

Lester Court

Keys

Specialising in complex mental health needs, autism and substance misuse



8 Studio Aprtments plus 2 Annexe Apartments



Mixed Gender, 18 - 65 years old

Loughborough

Lester Court is a specialist rehabilitation service in Loughborough, supporting individuals with complex mental health needs, autism and substance misuse. The service is designed to support people on their journey towards greater independence, with a strong track record of enabling individuals to move on to more independent living arrangements.

Support at Lester Court focuses on building resilience, developing coping strategies and promoting emotional wellbeing.

The experienced staff team works alongside clinical and behavioural specialists to deliver tailored support plans, using tools such as Positive Behaviour Support and the Recovery Star.

Individuals are encouraged to develop daily living skills, access the community and build confidence in managing their own wellbeing.

The service offers a range of self-contained studio and annexe apartments, providing a balance of independence and support within a safe environment.

Located close to local amenities, parks and transport links, Lester Court enables individuals to stay connected to their community while progressing towards more independent living.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.



To find out more or to send a referral:



Website: www.keys-group.co.uk



Email: adult.referrals@keys-group.co.uk



Telephone: **0121 728 7800**