

Woburn Sands Lodge

Specialising in mental health needs

Keys



9 Bedrooms



Mixed gender

Station Road, Woburn Sands, Milton Keynes, MK17 8RZ

We believe everyone deserves a life filled with purpose, choice, and joy. We value each person's beliefs, aspirations, and unique strengths, and we support them to embrace challenges, have fun, and grow in confidence.

At Woburn Sands Lodge we promote Independence, from self-care and money management to attending health appointments, we empower people to master essential life skills.

We build community connection and encourage relationships with family, friends, neighbours, and local groups, helping everyone feel rooted and supported.

Our person-centred support ensures coping strategies are tailored to each individual, making a real difference in daily life and by focusing beyond the present, we help people set and achieve meaningful goals for their future.

We use a 'Strength-Based' approach, building on existing abilities to create an "I can" mindset, with every person is fully involved in shaping their own care and goals and activity-led growth using creative, brave, and enjoyable activities to nurture independence and well-being.

Situated 2 miles from Milton Keynes, Woburn Sands Lodge is close to local amenities including a church, cinema, coffee Shops, banks, supermarkets, a doctor's surgery and a hospital, our home features a fully equipped kitchen, ensuite bedrooms, a garden and satellite TV.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.



To find out more or to send a referral:



Website: www.keys-group.co.uk



Email: adult.referrals@keys-group.co.uk



Telephone: **0121 728 7800**