

Grove View

Specialising in **mental health needs**

Keys



3 Self Contained Flats and 6 Ensuite Bedrooms



Female only - 18-75 years old

263a Birchgrove Road, Birchgrove, Swansea, SA7 9NA

Grove View is a specialist mental health service supporting women with Mental Health needs, as well as those with Autism, Learning Disabilities and dual diagnoses. Situated within a peaceful community setting with excellent access to Swansea, Neath and surrounding amenities, the service provides a safe, supportive and homely environment where individuals can focus on recovery, wellbeing and future independence.

Support at Grove View is built around a person-centred, recovery-focused approach that empowers individuals to take ownership of their journey. Using tools such as the Recovery Star and individual relapse prevention plans, the team works collaboratively with each person to identify goals, recognise strengths and develop practical strategies that support long-term wellbeing.

The service offers a range of accommodation options, including six en-suite bedrooms and three self-contained flats, creating a flexible pathway for those preparing for more independent living. Shared lounges, communal dining and kitchen areas, landscaped outdoor spaces and strong links to community activities provide opportunities to build confidence, develop social connections and pursue personal interests.

With dedicated support and a focus on positive outcomes, Grove View provides an environment where individuals can take positive steps towards recovery and independent living.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.

To find out more or to send a referral:

✉ Website: www.keys-group.co.uk

✉ Email: adult.referrals@keys-group.co.uk

☎ Telephone: 0121 728 7800

