

Gwynfryn

Specialising in **mental health support**

Keys



1 Studio Apartment and 10 Ensuite Bedrooms



Mixed Gender - 18–65 years old

Swansea Road, Llanelli, Carmarthenshire, SA15 3EX

Gwynfryn is a specialist residential service, supporting up to 10 adults with mental health needs. Located within a welcoming community setting, the service offers a safe, homely environment where individuals are encouraged to feel comfortable, build confidence and work towards achieving their personal goals.

At Gwynfryn, support is shaped around a person-centred approach that promotes choice, independence and ownership of each individual's journey. The team works collaboratively with clinical professionals and community services to provide tailored support that reflects each person's needs and aspirations.

Using tools such as the Recovery Star Model, individuals are supported to develop coping strategies, improve wellbeing and make meaningful progress across areas including daily living skills, mental health and social connections.

The home provides a mix of en-suite bedrooms and a self-contained studio apartment, alongside communal spaces that encourage interaction and independence.

With access to education, travel training and community-based activities, Gwynfryn supports individuals to build confidence, develop new skills and move towards more independent living within a supportive and empowering environment.



Connected Support

Keys provides support for children, young people and adults from our national network of **Care, Education and Health** services, including specialist schools, alternative learning solutions, children's homes, adult residential, supported living and neurodevelopment services.

To find out more or to send a referral:

Website: www.keys-group.co.uk

Email: adult.referrals@keys-group.co.uk

Telephone: 0121 728 7800

